

Cooks-n-Books

(Ages 3 - 6)

Instructor: Cooking to Learn

Join Amy Dempster for an untraditional story hour! Each week, the young chefs create one tasty treat inspired by a favorite children's book. Participants engage in the story as their culinary masterpieces cook and end with (of course!) eating. A perfect beginner class for budding chefs, picky eaters, or simply curious kids. Cooking to Learn is committed to using fresh seasonal ingredients and to serving up new & original recipes.

Location: Warren Building			Min:5/Max:8	
8 weeks				
Age	Day	Time	Dates	Price
3-6	Mon	10 - 11am	April 14 - June 16 (No class 4/21, 5/26)	\$160
3-6	Mon	2:30 - 3:30 pm	April 14 - June 16 (No class 4/21, 5/26)	\$160
3-6	Thur	10 - 11 am	May 1 - June 19	\$160
3-6	Thur	2:30 - 3:30 pm	May 1 - June 19	\$160

All Stirred Up to Cook

(Grades K-4)

Instructor: Cooking to Learn

Join the Cooking to Learn Chefs on a culinary adventure to explore the ins & outs of your favorite (and soon-to-be favorite) foods. Along the way, young chefs learn fun food facts, explore new tastes and cultures, discover healthy snack alternatives, investigate food science, and much more. A perfect beginner class for budding chefs, picky eaters, or simply kids who love to eat. Cooking to Learn is committed to using fresh seasonal ingredients and to serving up new & original recipes.

Location: Warren Building			Min:5/Max:8	
8 weeks				
Grade	Day	Time	Dates	Price
K-2	Mon	4 - 5:30 pm	April 14 - June 16 (No class 4/21, 5/26)	\$195
K-2	Wed	4 - 5:30 pm	April 30 - June 18	\$195
2-4	Thur	4 - 5:30 pm	May 1 - June 19	\$195

Nancy Drew Cooking

(Ages 8-12)

Instructor: Discerning Tastes Chefs

Unlock clues to great cooking. Cook your way through this great detective series. Mystery Marinated Beef and Vegetables, Nancy's Ham and Cheddar Quesadillas, Ned's Egg Salad Sandwich, Diary Chicken Salad, Mrs. Marvin's Magic Muffins, Miss Hanson's Deviled Eggs and Wooden Lady Walnut Tidbits, and Chocolate Surprise Cupcakes.

Location: Warren Building			Min:6/Max:10	
1 class				
Age	Day	Time	Dates	Price
8-12	Fri	3:30 - 5:30 pm	April 11	\$35*

*Plus \$15 food fee (Payable to instructor at first class)

Eat Your Way to Health-

Whole Foods for the Whole Family

(For Adults)

Instructor: Amy Dempster

Join Amy Dempster, Family Wellness Counselor & kids cooking instructor, on a delicious journey towards better health. Come learn how to: get more fruits & veggies into your diet; improve your family's health and strengthen your family's immunity. Each open forum workshop engages participants to share ideas and tips. Children are welcome!

Location: Warren Building			Min:5/Max:15	
1 day				
Topic	Day	Time	Dates	Price
Happy Healthy Kids				
	Mon	11 am - 12:30 pm	April 28	Free
	Mon	7 - 8:30 pm	April 28	Free
	Mon	11 am - 12:30 pm	June 16	Free
	Mon	7 - 8:30 pm	June 16	Free
Run Faster, Jump Higher for Athletes				
	Mon	11 am - 12:30 pm	May 19	Free
	Mon	7 - 8:30 pm	May 19	Free
Woman to Woman				
	Thur	7 - 8:30 pm	May 8	Free
Picky Eaters Take a Bite				
	Thur	11 am- 12:30 pm	June 5	Free
	Thur	7 - 8:30 pm	June 5	Free
PREREGISTRATION REQUIRED				

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Luau Cooking Party

(Ages 8-12)

Instructor: Discerning Tastes Chefs

It's time to put on your grass skirts and Hawaiian shirts and get ready for the luau. The Hawaiian Islands are truly a melting pot, and the food is a reflection of many cultural influences. You'll learn some Hawaiian favorites that will make your family and friends want to hula with you. Menu includes Tropical Fruit Salad; Teriyaki Chicken; Gingered Pork Tenderloin with Mango Chutney; Almond Rice; Monkey Bread; and Coconut Ice Cream.

Location: Warren Building			Min:6/Max:10	
1 class				
Age	Day	Time	Dates	Price
8-12	Fri	3:30 - 5:30 pm	May 9	\$35*
*Plus \$15 food fee (Payable to instructor at first class)				

*Plus \$15 food fee (Payable to instructor at first class)

Batter-UP

(Ages 4-9)

Instructors: Beth Meditz & Diane Dinell

Join this workshop for a fun and creative way to learn that baking is math, science and art all rolled into one!!! Please note on the registration form if your child has any food allergies. Eggs will be used in this class.

Location: Warren Building			Min:10/Max:30	
1 date				
Age	Day	Time	Dates	Price
4-9	Sat	10 am - 12:30 pm	May 17	\$50

